

The practical guide to

**Total
Financial
Freedom**

Volume 2

Buy and Hold

- **Bonds**
- **Stocks and Shares**
- **Funds**

Samuel Blankson

The Practical Guide to Total Financial Freedom: Volume 2

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Introduction

If you are reading this book, you probably want to be free. Free from the rat race, free from the boss, free from the wage trap, free from the mediocrity and hopelessness of poverty, and your lack of options. Until now, you may have had no other way of achieving this within the next half a decade, but this book will change all that forever.

Time, well utilised is money. So let us get started. This book, unlike many self-help books out there will actually tell you what to do in order to achieve Total Financial Freedom.

This book is the second volume of a five volume series on creating Total Financial Freedom. This series is the sequel to, *How to Destroy Your Debts*. If you have read and applied *How to Destroy Your Debts*, then you should be debt free or at least on your way to that goal. In this volume, you will learn how to invest in Bonds, Stocks and Shares, and Funds.

This book will be of little use to you if you have not read and applied the *How to Destroy Your Debts*. The topics covered in this book will only be applicable if you have your finances in order. That is if you are spending less than you earn and saving at least 10% of your income. If not, you will not be able to use or apply the advice and lessons in this book, as most of what is covered require you to have some disposable income or savings. After all, the best way to make money work for you is to have money to send out to work for you. If you read, learn and apply the lessons in this book you too will achieve Total Financial Freedom.

All information given in this book should be checked out with your legal and independent financial advisor. Not all information will be applicable to everyone, as financial situations and jurisdictional laws may be restricting you from utilising some of the advice given. It is your responsibility to check out the legal position in your jurisdiction or country. Please respect local and international laws, and you will not only achieve Total Financial Freedom, but enjoy it too.

Samuel Blankson

Preface To Chapter 3

We started Chapter 3 in the first volume of this series, which covered Tax-Exempt Plans, Regular Savings Accounts, Gold, and Coloured Diamonds. We continue Chapter 3 here, by covering Bonds, Stocks and Shares, and Funds. At the end of this volume, you will have learnt all the different aspects of Bonds, Stocks and Shares, and Funds, as well as how to successfully and profitably trade them.

Making money is not as important as protecting what you already have from loss. This is where Asset Allocation comes in. If you dismissed that section in *The Practical Guide to Total Financial Freedom: Volume 1*, and jumped straight here, then let me set you back on the right track. Read Chapter 1 and 2 in *The Practical Guide to Total Financial Freedom: Volume 1* first, stop and apply the information. After you have applied the information, you can come back to this volume and learn how to safely grow your buy and hold allocation.

Chapter 3 (Continued)

Buy And Hold: Growing Your Wealth With Controlled Risk

- Tax-Exempt Plans
- Regular Savings Accounts
- Gold
- Coloured Diamonds
- **Bonds**
- **Stocks and Shares**
- **Funds**
- En Primeur Wine
- Real Estate
- Businesses
- Life Insurance
- Art